

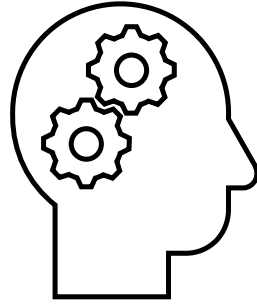
East Barnby 2023

CLASS 9 - OCTOBER 23-25

CLASS 10 – OCTOBER 25-27

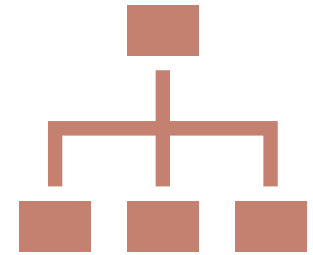


Aims



To develop
independence

To develop self-
organisation skills



To understand how
emotions sometimes
change how we act



CLASSROOM

DINING

BREAKFAST

YOGHURTS
CEREAL
FRESH FRUIT

SAUSAGE
HASH BROWNS
BEANS
TOAST

LUNCH

SANDWICH SELECTIN
FRUIT
MIXED FRUIT BAG
FLAPJACK
CRISPS

EVENING MEAL

PIZZA & WEDGES
CHICKEN CURRY & RICE
PEAS, NAAN BREAD
SPAGHETTI HOOPS

SALAD BOWL
JACKET POTATOES
CHOCOLATE CRUNCH
CUSTARD

SUPPER

BISCUIT
FRUIT



TUCK SHOP



DORMITORIES



Please send your child to school on the day that they travel to East Barnby in warm clothes and with a coat.

Please send them with a small bag for the bus journey with a book and a water bottle in.

Please don't send goodies or sweets as the children will not be allowed to eat them.

Please label all clothing with your child's name.

Please don't buy new clothes for the visit. Waterproofs will be provided by the centre!



GENERAL	FOR DAYTIME ACTIVITIES	FOR EVENING ACTIVITIES
6 sets of underwear	4 sweatshirts / hoodies or fleece tops (old clothes)	1 or 2 jumpers / hoodies
6 – 10 pairs of socks	4 pairs of tracksuit bottoms / jogging bottoms (old clothes not jeans)	1 or 2 pairs of trousers / jeans
Towel	3 t-shirts / long sleeved shirts	1 or 2 t-shirts / shirts
Toothbrush and Toothpaste	Wellington Boots (Can be borrowed from the Centre if needed)	An old pair of trainers
Shower gel / Shampoo	Woolly Hat	A small torch
Nightwear	Gloves	£5 spending money in coins please (Maximum)
Coat		
Lipsalve (if your child needs it)	Hair bobbles for children with long hair	Any medication (must be handed to the staff)
A small rucksack for the bus	A book or small (non-electronic) game	A black bin bag for wet clothes



DATE	CLASS 9	CLASS 10
Monday 23rd October	<p>NO UNIFORM NEEDED 8.45 - arrive at school as normal. 9.30 - bus leaves school. Kit check, lunch and a beck scramble. Evening meal Evening activities will include:</p> <ul style="list-style-type: none">• Alien hunting• Night- time orienteering• Recreation time and tuck shop• Supper	<p>A normal day at school</p> <p>(Excitement will be accommodated for in school!)</p>

DATE

CLASS 9

CLASS 10

**Tuesday 24th
October**

An expedition on
the Esk using rafted
canoes.
Plus, using Kelly
kettles.
Packed lunch
Evening meal and
activities as above

**A normal day at
school**
(Even more
excitement will be
accommodated for in
school)





DATE	CLASS 9	CLASS 10
Wednesday 25th October	<p>Shelter building and woodland activities. Kit return and lunch with class 10.</p> <p>PM - Return to school. Lessons as normal.</p> <p>3.15 - children leave school as normal</p>	<p>NO UNIFORM NEEDED</p> <p>8.45 - Arrive at school as normal.</p> <p>AM - Lessons as normal.</p> <p>9:30 - bus leaves school.</p> <p>Kit check, lunch and a beck scramble.</p> <p>Evening meal</p> <p>Evening activities will include:</p> <ul style="list-style-type: none">Alien huntingNight- time orienteeringRecreation time and tuck shopSupper

DATE

CLASS 9

CLASS 10

Thursday 26th
October

A normal day at school
(Tiredness will be
accommodated for in
school)

An expedition on the Esk
using rafted canoes.
Plus, using Kelly kettles.
Packed lunch
Evening meal and
activities as above





DATE	CLASS 9	CLASS 10
Friday 27th October	A normal day at school (Any remaining tiredness will be accommodated for in school)	Shelter building and woodland activities. Lunch and kit return. PM - Return to school Children leave school as normal at 3.15 pm